BEA'S

The Blackboard

THUMBPRINT COOKIES

Preparation time: 20 minutes Resting time: 1 hour Cooking time: 10-12 minutes Makes: 18-24

175g (6oz) unsalted butter, softened 175g (60z) caster sugar 1 large egg 125g (41/2 oz) self-raising flour 175g (6oz) plain flour 200g (7oz) chocolate hazelnut spread Line a baking sheet with greaseproof paper.

Cream the butter and sugar until light and fluffy using an electric mixer. Add the egg and beat well. Stir in the self-raising and the plain flour and mix to a dough. Leave to rest for 1 hour.

Preheat the oven to 180°C/350°F/gas mark 4.

Use the palms of your hands to roll about 1 heaped tablespoon of the dough into a ball about 2.5cm (1in) in diameter, then use the palm of your hand to flatten it on to the baking sheet. Press your thumb into the middle of the dough to make a hole. Continue with the rest of the dough, ensuring the cookies are spaced well apart as they will expand as they cook. Use a teaspoon to fill the hole with chocolate spread.

Bake for 10-12 minutes or until the cookies are golden. Cool on a wire rack.







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HINT: Place a tea-towel under the bowl to prevent it from slipping while you are mixing and put four little dots of butter on to the baking tray before you line it with the greaseproof paper to stop the paper from shifting.

From 1983 through to 2009, Jasmine Sergeant enjoyed a successful career both as a Fine Dining Chef and as a Hospitality Consultant.

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