## The Blackboard

## THREE PÔTS

## DE CRÈME

Preparation time: 30 minutes
Chilling time: 2–3 hours
Use: egg cups or other small unusual containers – try liqueur glasses
Serves: 6

400ml (14fl oz) single cream

1 vanilla pod

25g (1oz) dark chocolate, minimum 60% cocoa solids, broken into pieces

25g (1oz) Maya Gold Chocolate, or other good-quality dark orange chocolate, broken into pieces

50g (2oz) white chocolate, broken into pieces

6 large egg yolks

50g (2oz) sugar

1/2 level teaspoon salt

Gently heat the cream with the vanilla pod until bubbles begin to form at the edge, but ensuring the cream does not boil. Remove from the heat and set aside to infuse.

Melt the chocolates separately in heatproof bowls suspended over saucepans of barely simmering water. (Keep the saucepans of water as you will need them later on.) Leave the chocolates to cool, then beat two of the egg yolks into each of the melted chocolates until the mixtures are smooth. Stir one third of the sugar and salt into each chocolate mixture until completely dissolved.

Remove the vanilla pod from the cream and gently stir one third of the cream into each chocolate mixture until well blended. Replace the bowls over saucepans of simmering water.

Cook until each mixture coats the back of a spoon, stirring all the time.

Pour each chocolate mixture into your chosen containers and chill for about 2–3 hours or until the mixture has set.







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From 1983 through to 2009, Jasmine Sergeant enjoyed a successful career both as a Fine Dining Chef and as a Hospitality Consultant.

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