

Menu Talk

"I was asked to consult as a development Chef with Uncle Bens. Here are some examples"

S T R A W B E R R Y SHORTCAKE SWEET

INGREDIENTS SERVES 50

SHORTCAKE:
 SELF - RAISING FLOUR 2LB 8OZ / 1.1KG
 CASTER SUGAR 5OZ / 150G
 BAKING POWDER 1TSP / 5ML
 SALT 1TSP / 5ML
 BUTTER, DICED 1LB 4OZ / 575G
 EGGS, BEATEN 5
 WHIPPING CREAM 1PT / 600ML

FILLING:
 STRAWBERRIES, QUARTERED 3LB / 1.4KG
 WHIPPING CREAM 2PTS / 1.2L
 VANILLA ESSENCE 1TBSP / 15ML
 ICING SUGAR 2TBSP / 30ML
 ICING SUGAR, TO DECORATE APPROX. 4OZ / 100G

METHOD

1. SIEVE TOGETHER THE FLOUR, SUGAR, BAKING POWDER AND SALT.
2. MIX IN THE BUTTER UNTIL THE MIXTURE RESEMBLES BREADCRUMBS. ADD THE EGGS AND WHIPPING CREAM, MIX TO A SMOOTH DOUGH. LEAVE TO REST IN A COOL PLACE FOR APPROXIMATELY 1 HOUR.
3. ROLL DOUGH OUT ON A LIGHTLY FLOURED SURFACE TO MAKE FIVE 12 INCH/30CM DIAMETER CIRCLES WITH A THICKNESS OF 1/2 INCH/1CM.
4. BAKE IN AN OVEN PREHEATED TO 180°C/350°F/ GAS MARK 4 FOR APPROXIMATELY 20 - 30 MINUTES. ALLOW TO COOL SLIGHTLY, BUT CUT IN HALF HORIZONTALLY WHILST STILL WARM. COOL COMPLETELY.
5. COVER SHORTCAKE BASES WITH STRAWBERRIES.
6. WHIP CREAM WITH THE VANILLA AND ICING SUGAR. PIPE THE CREAM OVER THE STRAWBERRIES AND COVER WITH THE SHORTBREAD TOPS. DUST WITH ICING SUGAR TO DECORATE.



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From 1983 through to 2009, Jasmine Sergeant enjoyed a successful career as a fine dining Chef in the UK. Here is a selection of recipes used during her career

Call Jasmine Sergeant of Team Commitment whenever you are curious of the value of your home.

Until then, please enjoy & feel free to share this selected recipe

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