The Blackboard

CHOCOLATE NOUGAT

MOUSSE

Chilling time: 6 hours Serves: 6

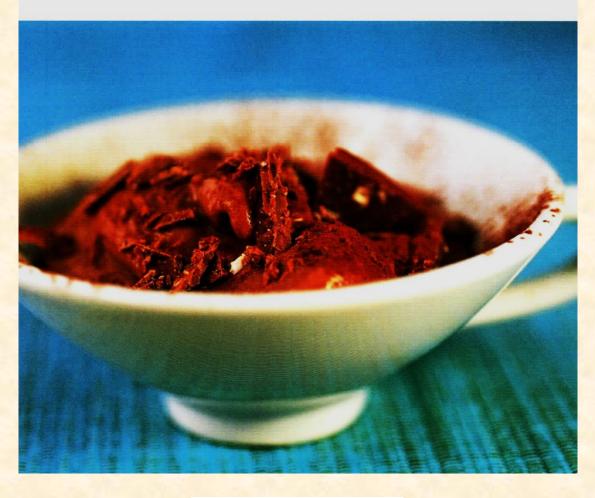
295g ($10^{1}/_{2}$ oz) Toblerone, broken into pieces, reserving one piece for decoration

6 tablespoons boiling water

275ml (10fl oz) crème fraîche

2 egg whites

Place the chocolate and the boiling water in a heatproof bowl suspended over a saucepan of barely simmering water and allow the chocolate to melt slowly. Remove from the heat, cool until it thickens and then fold in the crème fraîche. Whisk the egg whites until stiff peaks form and fold into the mixture. Chill in the fridge for at least 6 hours.









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From 1983 through to 2009, Jasmine Sergeant enjoyed a successful career both as a Fine Dining Chef and as a Hospitality Consultant.

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