The Blackboard

MARQUISE AU CHOCOLAT

Preparation time: 50 minutes Cooking time: 40 minutes Cooling time: 2 hours Chilling time: overnight Use: 23cm (9 in) springform tin with high sides and removable base Makes: 15 small, rich, slices

CAKE BASE

melted butter for greasing

1 tablespoon ground almonds plus extra for dusting the tin

 $300g (10^{1}/_2 oz)$ dark chocolate, minimum 60% cocoa solids (or 200g/7oz dark chocolate, minimum 60% cocoa solids, and $100g/3^{1}/_2 oz$ Maya Gold or good-quality dark orange chocolate), broken into pieces

275g (10oz) caster sugar

165q (51/2 oz) unsalted butter

pinch sea salt

5 large eggs

MOUSSE

250g (9oz) dark chocolate, minimum 60% cocoa solids, broken into pieces

100g (3¹/₂ oz) icing sugar

175g (6oz) unsalted butter

5 large eggs, separated

150ml (1/4 pint) whipping cream

cocoa powder for dusting

Preheat the oven to 180°C/350°F/gas mark 4.

Brush the tin with melted butter and dust with the ground almonds, shaking off any excess.

To make the cake, melt the chocolate, caster sugar,

butter and salt in a large, heatproof bowl suspended over a saucepan of barely simmering water.

Whisk the eggs with the ground almonds and fold into the chocolate mixture off the heat. Continue to fold until the mixture thickens. Pour into the cake tin and bake for 35–40 minutes. Leave to cool in the tin for about 2 hours before starting the mousse.

To make the mousse, melt the chocolate in a large, heatproof bowl suspended over a saucepan of barely simmering water. Remove from the heat and add half the icing sugar, stir, then whisk in the butter. Whisk in the egg yolks, one at a time. Set the mixture aside.

Whisk the egg whites until stiff peaks start to form. Add the remaining icing sugar and continue to whisk until glossy. Whip the cream until stiff peaks form.

Add one-third of the egg whites to the chocolate mixture and carefully mix to blend. Gently fold in the remaining whites, alternating with the whipped cream. Do not overmix, but ensure that the mixture is well blended. Pour the mousse over the cooled cake base in the cake tin and refrigerate overnight.

Remove the tin from the refrigerator about 15 minutes before serving. Dip a palette knife into boiling water, dry it and slide it round the sides of the cake to loosen it from the tin, then remove the ring. Re-heat the palette knife in boiling water, dry it and gently smooth the sides of the mousse.

Place the cake, still on the tin base, on to a large round serving plate. Dust generously with cocoa powder just before serving. Serve with crème fraîche or a custard sauce (see page 61).







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From 1983 through to 2009, Jasmine Sergeant enjoyed a successful career both as a Fine Dining Chef and as a Hospitality Consultant.

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