## The Blackboard



## CHOCOLATE AND LEMONGRASS

## MOUSSE

Chilling time: 2 hours Serves: 6

3 sticks of lemongrass
200ml (7fl oz) milk
270g (10 oz) milk chocolate,
preferably 34% cocoa solids, broken into pieces
1½ gelatine leaves
50g (2oz) caster sugar

300ml (1/2 pint) double cream

Finely chop the lemongrass into small pieces or grind in a food-processor or pestle and mortar. Pour the milk into a large, heavy-based saucepan, add the lemongrass and bring to the boil. Remove from the heat and leave to infuse for 1 hour. Melt the chocolate in a heatproof bowl suspended over a saucepan of barely simmering water. Whisk the sugar and gelatine into the milk and return to a low heat, stirring continuously until the gelatine has melted. Remove from the heat and stir in the melted chocolate. Leave to cool slightly. Pass the mixture through a sieve to remove the lemongrass. Allow to cool down completely. Whip the cream in a bowl until it begins to thicken, but it should not be too stiff. Gently fold into the chocolate mixture. Spoon the mousse into your chosen containers.







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From 1983 through to 2009, Jasmine Sergeant enjoyed a successful career both as a Fine Dining Chef and as a Hospitality Consultant.

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