he Blackboard

A fun way to serve this sorbet is with a glass of coffee liqueur which can then be poured over the sorbet or drunk separately. It is equally delicious served with a delicate crème anglaise and perfectly ripe peaches, raspberries, oranges, nectarines or apricots and simple butter biscuits or tuiles.

CHOCOLATE SORBET

Preparation time: 15 minutes Freezing time: 3-4 hours Use: ice-cream machine Serves: 4

100g (31/2 oz) dark chocolate, minimum 60% cocoa solids, broken into pieces 100ml (31/2 oz) water

60g (21/2 oz) cocoa powder

SUGAR SYRUP 250ml (9fl oz) water 150g (5oz) caster sugar

To prepare the sugar syrup, put the sugar and the water into a saucepan and bring to the boil without stirring, leave to bubble for about 5 minutes or until the sugar has dissolved, then remove from the heat.

While the sugar syrup is bubbling, melt the chocolate in a heatproof bowl suspended over a saucepan of barely simmering water. Once it has melted, add the 100ml (31/2 fl oz) water to the sugar syrup and reheat until warm, whisk in the cocoa, then add the melted chocolate, whisking together until smooth.

Churn in an ice-cream maker, following the manufacturer's instructions, until smooth.







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HINT: It is a good idea to chill the sorbet down before churning it as it will set more quickly. To do this, place it over a bowl of water filled with ice cubes and stir occasionally, but be careful not to allow any of the water into the sorbet at this stage.



From 1983 through to 2009, Jasmine Sergeant enjoyed a successful career both as a Fine Dining Chef and as a Hospitality Consultant.

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