# The Blackboard

# **ORANGE**

### DUST

A more unusual topping

4 oranges 300g (11oz) granulated sugar 120ml (4fl oz) water oil for greasing

Scrub the oranges and pat them dry. Using a vegetable peeler, remove the top layer of peel, but ensure you don't remove the pith. Bring the sugar and the water minutes or until it begins to form a syrup (test by dropping some on to a plate; if it begins to set immediately it is ready). Add the orange peel and continue to boil without stirring for another 10 minutes. Brush some oil on to a baking sheet and, using a pair of tongs, transfer the caramelised peel to the baking sheet. Leave to cool and dry completely before pulverising in a food-processor. Store in an airtight container.

# to the boil and, without stirring, boil for about 10

# **CHOCOLATE**

## **GANACHE**

A thick, rich and creamy filling or topping. If you need more, simply increase the quantities, keeping the ingredients in the same proportions.

300g (10oz) dark chocolate, minimum 60% cocoa solids, chopped 300ml (10fl oz) double cream

Put the chocolate into a large bowl. Heat the cream until it begins to simmer, pour it over the chocolate and immediately begin to whisk. Continue to whisk until the mixture has cooled and thickened.

# NIGELLA'S BLOND

### ICING

200g (7oz) white chocolate 50g (2oz) unsalted butter 220ml (8fl oz) crème fraîche 100g (31/2 oz) unrefined golden icing sugar, sifted

Melt the chocolate and the butter in a heatproof bowl suspended over a saucepan of barely simmering water. Remove and leave to cool a little, add the crème fraîche and then gradually beat in the icing sugar. Put the icing in the fridge for a little while so that it sets before you need to use it.







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From 1983 through to 2009, Jasmine Sergeant enjoyed a successful career both as a Fine Dining Chef and as a Hospitality Consultant.